



PE

Enjoy, Believe, Achieve



Intent

The Fercumbe C of E Primary School believe that physical activity is a vital ingredient in our daily lives. We aim to teach our children how being active is a vital part of daily life and show them the many positive effects it can have both physically and mentally. We aim to create an enabling environment in PE where young people feel included, valued, challenged and supported to achieve their maximum potential, in school and throughout their life. Our curriculum is enhanced by the Our Real PE scheme of work and supported by the Jasmine online platform. As well as learning new fundamental skills, the children are improving important values such as self-belief and determination. We aim to instil a positive attitude towards PE and physical activity to promote healthy lifestyles for our pupils currently and in the future.

Within their Physical Education, learners will focus on:

Fundamental skills

- Agility
- Balance
- Coordination

Supporting skills from the Real PE Cogs

- Cognitive abilities
- Personal reflection
- Social skills
- Applying the physical skills
- Creativity
- Health and fitness understanding

Implementation

The Real PE scheme of work is used by all teachers across the school to deliver high quality PE, Gym and Dance. Skills and games are taught with progression built in from the previous year group. Children can begin to control the speed of their learning by progressing through the fundamental skills and are learning to transfer skills into game situations. Elements of real game play are introduced in Year 5 and 6 to allow them to identify the fundamental skills within a game. Resources are readily available to support the units of Real PE, gym and dance being taught each half term. A cycle of assessment allows the teachers and PE coordinator to have professional conversations about each child and their progression of skills. Opportunities for competition are built in with both virtual and face to face competitions. This allows them to try new sports, meet sporting experts and learn from others.